



COVID-19 Food Preparation and Delivery Options

Before you begin! Watch this helpful video about safe food-handling practices:

<https://www.youtube.com/watch?v=sjDuwc9KBps&feature=youtu.be>

❖ Pre-made food delivery:

Naomi's Kitchen (North Liberty) makes frozen entrees to bake at home, for pick up or delivery. <https://www.naomiskitchen.com/> or (319) 665-4707

Catered by Charlotte (Iowa City) is offering weekly take-and-bake options, as well as boxed lunches, during the virus outbreak. <http://www.cateredbycharlotte.com/> or (319) 321 1577

❖ Delivery from area restaurants: Local delivery service **Chomp** partners with hundreds of your favorite local restaurants. <https://www.chomp.delivery/>

❖ Meal kit delivery – make meals at home from fresh ingredients delivered to your door; these are just four of many popular national options:

- **Hello Fresh:** <https://www.hellofresh.com/>
- **Blue Apron:** <https://www.blueapron.com/>
- **Home Chef:** <https://www.homechef.com/>
- **Sun Basket:** <https://sunbasket.com/>

❖ Grocery deliveries and/or curbside pick-up:

- **Hy-Vee aisles online:** <https://www.hy-vee.com/grocery/>
- **New Pioneer Co-op:** <https://www.newpi.coop/shop> (pick-up only)
- **John's Grocery:** <https://www.johnsgrocery.com/> (pick-up only)
- **Bread Garden Market:** <https://breadgardenmarket.com/>
- **Instacart** (they deliver from several different grocery stores, plus Costco and CVS): <https://www.instacart.com/grocery-delivery/iowa-city-ia>