



TRAIL MEDICAL ADVOCACY PROGRAM

TRAIL'S Medical Advocacy Program pairs a specially trained volunteer and a TRAIL member to form a supportive relationship to help navigate the healthcare system. Medical information is held in utmost confidence. We urge participants to inform their families of their participation in this program.

TRAIL's Medical Advocacy Volunteers are trained to offer you the following assistance:

- Meet with you to help you prepare for physician-office visits, same-day surgery, diagnostic procedures and therapeutic appointments
- Help you formulate questions for your healthcare provider and assist you with filling out forms
- Take notes during your visit with the healthcare provider
- Help in remembering questions and information
- Assist with scheduling follow-up appointments
- Review and provide you with a copy of the notes from the visit

If you are interested in learning more about TRAIL'S Medical Advocacy Program, please contact us at 319-800-9003 or info@trailofjohnsoncounty.org.