

## Statewide Programs & Other Resource Databases

- Iowa Department on Aging  
510 E 12th St., Ste. 2, Des Moines, IA 50319  
Phone: 800-532-3213, 515-725-3333  
Website: <https://www.iowaaging.gov>
  - State agency focused on news, programs, and events for Iowans 60 years and older
- American Association of Retired Persons (AARP) - Iowa  
600 E. Court Avenue Suite C, Des Moines, IA 50309  
Phone: 1-866-554-5378  
Website: <https://states.aarp.org/region/iowa/>
  - News, information, and resources for Iowans ages 50+
  - Membership can provide discounts on everyday expenses
- Johnson County Social Services Resource Directory (includes resources for older adults)
  - [https://www.johnson-county.com/dept\\_soc\\_ser.aspx?id=23165](https://www.johnson-county.com/dept_soc_ser.aspx?id=23165)
- LifeLong Links  
Phone: 866-468-7887  
Website: [www.lifelonglinks.org](http://www.lifelonglinks.org)
  - Connects Iowans to local service providers to support independent living
- List of senior citizen discounts on food and travel across Iowa  
Website: <https://www.seniorcitizendiscountlist.org/iowa-ia-senior-citizen-discount-list-restaurant-retail-grocery-travel/>

**Disclaimer:** All resources are to the best of TRAIL's knowledge helpful to the Johnson County community. However, these services are not individually vetted by TRAIL. TRAIL does not assume responsibility or liability for interactions with community resources.