## **Educational Opportunities & Social Enrichment**

• Iowa City Public Library

123 South Linn St. Iowa City, IA 52240

Phone: 319-356-5200

Website: <a href="https://www.icpl.org/">https://www.icpl.org/</a>

- Senior Tech Zone: technology assistance provided by peer volunteers on the second floor in the computer lab
- Hours: Thursdays from 10:30 am 12:30 pm
  Eligibility: drop-in service free to the public
- Caregiver Support & Education Heritage Area Agency on Aging

6301 Kirkwood Boulevard SW, Cedar Rapids IA 52404

Phone: 319-398-5559

Website: <a href="http://www.heritageaaa.org/">http://www.heritageaaa.org/</a>

- Caregiver Support and Education services include information and resources to individuals in Linn, Johnson and surrounding counties who provide care of older adults and adults with disabilities, both professional and family caregivers.
- Eligibility: Eligibility differs depending on which service you are interested in. Please contact the Heritage Area Agency on Aging at the number above to hear eligibility requirements and payments for any services.
- Johnson County Livable Community

Phone: 319-356-6090

Website: http://www.livablecommunity.org

- Resource for helping older adults age in place, help with transportation, housing and a social events calendar.
- Mission: Helping Johnson County become an easier county for seniors to live in and age in place.
- Elder Services

Phone: 319-338-0515

Hours: Monday-Friday 8-5:30

Website: https://www.elderservicesinc.org/rsvp.html

- o This program recruits and links persons 55 and older with volunteer opportunities that meet critical community needs while providing a high-quality experience that enriches the lives of both volunteers and those they serve, according to their website.
- Good News Bible Church OWLS

845 Pepperwood Ln, Iowa City, IA 52240

Website: <a href="http://www.goodnewsiowacity.com/ministries/owls">http://www.goodnewsiowacity.com/ministries/owls</a>

 A faith-based support group for people over 55 who are looking for social support and ways to get involved with the community. Come to any meeting or call 319-354-3331 for more information

<u>Disclaimer:</u> All resources are to the best of TRAIL's knowledge helpful to the Johnson County community. However, these services are not individually vetted by TRAIL. TRAIL does not assume responsibility or liability for interactions with community resources.