



TRAIL Volunteer Application

| | |
|-----------------------|-------------------------|
| Name: | Date: |
| Primary phone: | Secondary phone: |
| Home address: | |
| Email: | |

| VOLUNTEER AVAILABILITY | | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <i>Do you wish to be contacted regarding volunteer opportunities that fall outside of your availability?</i> | | | | | | | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> If needed for back-up | | | | | | | |
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 8 am-11 am | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11 am-2 pm | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 pm-5 pm | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 pm-8 pm | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8 pm-11 pm | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| VOLUNTEER OPPORTUNITIES | |
|--|--|
| <i>Please check all that may be of interest.</i> | |
| Transportation | <input type="checkbox"/> Local transportation <input type="checkbox"/> Airport Transportation |
| In-Home Tasks | <input type="checkbox"/> No-Contact Deliveries <input type="checkbox"/> Errands <input type="checkbox"/> Friendly Visits <input type="checkbox"/> Housekeeping <input type="checkbox"/> Meal Preparation <input type="checkbox"/> Bulbs and Batteries <input type="checkbox"/> Moving Furniture <input type="checkbox"/> Organizing <input type="checkbox"/> Pet Care <input type="checkbox"/> Repairs <input type="checkbox"/> Seasonal Décor <input type="checkbox"/> Home Checks <input type="checkbox"/> Watering Houseplants <input type="checkbox"/> Miscellaneous <input type="checkbox"/> Sewing/Mending |
| Outdoor Tasks | <input type="checkbox"/> Gardening/Weeding <input type="checkbox"/> Landscaping <input type="checkbox"/> Mowing <input type="checkbox"/> Mulching <input type="checkbox"/> Watering Plants <input type="checkbox"/> Tree Trimming <input type="checkbox"/> Clearing Walkways <input type="checkbox"/> Miscellaneous <input type="checkbox"/> Shoveling |
| Health and Wellness | <input type="checkbox"/> Rise and Shine <input type="checkbox"/> Phone Buddy <input type="checkbox"/> Medical Advocacy |
| Technology | <input type="checkbox"/> Mac Support <input type="checkbox"/> PC Support <input type="checkbox"/> Social Media <input type="checkbox"/> Telephone <input type="checkbox"/> Other |
| Board/Committee | <input type="checkbox"/> Board <input type="checkbox"/> Committee |

THANK YOU FOR CHOOSING TO VOLUNTEER WITH TRAIL OF JOHNSON COUNTY!